



“Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.”

24 Hour Help Line

Volunteers needed

The Eastern Inland Empire (EIE) area of Narcotics Anonymous is in need of volunteers to operate the Help Line. Volunteers are responsible for answering calls and directing those in need to NA meetings in their area. Help Line commitments range from 3 to 8 hours per week.

There are **current openings** for the following Help Line time slots (marked with a check)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 am - 8:00 am	✓	✓		✓	✓		
8:00 am - 11:00 am					✓		
11:00 am - 2:00 pm					✓		
2:00 pm - 5:00 pm			✓	✓		✓	✓
5:00 pm - 8:00 pm		✓				✓	✓
8:00 - 12:00 am			✓	✓		✓	

Requirements for this commitment:

- 6 months clean time
- A phone number where calls can be forwarded from the help line
- Access to the phone during your time slot
- Available time to answer calls
- Access to a current EIE NA Directory

If you are interested in a Help Line commitment, or have any questions, contact:

**Steve P.
(951) 609-8404.**