



# I.E. WOMEN'S RETREAT SERENITY IN THE PINES IV

## REGISTRATION INSTRUCTIONS

**Check-in: Friday Aug. 23 at 3pm**  
**Check-out: Sunday Aug. 25 at 11 am**

**Cost: \$185, due by JULY 26th 2024,** which includes cabin, all meals, and two paid activities. Limited to **100** women. Cash/Zelle/Venmo accepted. No refunds past cut-off date, it is **YOUR** responsibility to sell your slot if you cannot go. No ON-SITE Registration. Bring cash for raffle, merchandise, or additional crafts. No waitlist available, please join our Facebook group to join the waitlist.

**Meals:** Friday dinner at 6 pm (let us know if you're arriving late so we can pack your dinner); Saturday breakfast, lunch, and dinner; Sunday breakfast. **Inform us of any special dietary needs by 7/26/2024.** They can accommodate most requests.

**Where: Pilgrim Pines, 39570 Glen Road, Yucaipa, CA.** No scary driving, and it is 10°F cooler. **Bring:** Sleeping bag or other bedding, pillows, blanket, toiletries, towels (hand, bath, and pool), pajamas, swimsuit, hiking shoes, sunscreen, hat, something warm to wear, bug spray, and a flashlight. Optional: your own camp chair, yoga mat. You do not need to bring water, bring a reusable water bottle.

**Activities:** You will get a program of events, including meetings, yoga, sound bath, meditation, hiking, swim times, crafts, etc.

**Absolutely no eating/smoking/vaping inside cabins**

Use designated smoking areas. No tape or staples in cabin. Quiet time after 10 pm. Please limit cell phone use.

**THROW AWAY ALL TRASH and STAY ON TRAILS!**

**Registration E-mail:**

Please send an email including: 1) your name, 2) contact tel. number, 3) who you prefer to room with, 4) what area you are from, and 5) if you are willing to volunteer to:

**[alicefreedominrecovery@gmail.com](mailto:alicefreedominrecovery@gmail.com), put **“RETREAT”** in subject line.**

You will then be added to our e-mail group so you can get updates from [iewomensretreat@googlegroups.com](mailto:iewomensretreat@googlegroups.com).

Early-bird registration only at event.

Paid Activities, \$5 each (two included in registration).

**Questions/Payments/Contacts: Catherine (262-490-7933)**

**VENMO: @Christine-BS** do not specify “for goods and services”

**Zelle: [iewomensretreatcommittee@gmail.com](mailto:iewomensretreatcommittee@gmail.com)**

**CASH to Chila 909-633-3256, Catherine 262-490-7933 or Christine 909-973-3083**