

RIVERSIDE (O-P-CH-H)..... 6:30 pm
 4495 Magnolia Avenue **Hope Not Dope**
SAN BERNARDINO (O-P-Speaker) 7:00 pm
 785 N. Arrowhead **New Beginnings**
 (St. Paul's Church)
FONTANA (O-P-CH-H-Speaker)..... 7:00 pm
 16577 Upland Ave. **Curb Side Cross Talk**
RIVERSIDE (O-P-CH-SPK last Sat)..... 7:30 pm
 891 Blain St. **Addicts in Recovery**
 (Lutheran Church)
NORCO (O-H-S-P-Stick Topic)..... 7:30 pm
 3625 Corona Ave. **Message Of Recovery**

Phone Numbers

How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

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Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

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EASTERN INLAND EMPIRE AREA of



Narcotics Anonymous

Meeting Directory May 2019

EIE Website: eietodayna.org
Regional Website: todayna.org
World Service Website: na.org

24 Hour Help Line

(909) 370-3568 • (800) 397-2333

En Español (888) NA-AHORA

MEETING CODES:

- (C)..... CLOSED for addicts only
 (O)..... OPEN all are welcome
 (S)..... Smoking
 (NS)..... Non Smoking
 (H)..... Handicapped accessible
 (P)..... Participation
 (CH)..... Children Welcome
 (N/CH)..... No Children Please
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A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N.A. name to any related facility or outside enterprise.

SUNDAY

FONTANA (O-P)..... 7:00 am
16577 Upland Ave. *Sunrise Attitude Adjustment*
RIVERSIDE (O-P-H)..... 7:00 am
3891 Ridge Rd. *Morning Fix*
RIVERSIDE (O-P-CH)..... 2:00 pm
3504 Mission Inn Ave. *Shakes to Cakes*
MORENO VALLEY (O-S-H-P)..... 3:00 pm
21516 Dracea Ave. & Old Hwy 215 *Awakenings*
FONTANA (O-P-Topic-CH)..... 5:00 pm
16557 Upland Ave. (St. Lukes) *Carry the Message*
NORCO (O-S-CH-H)..... 5:30 pm
1769 Western Ave. Ste. 204 *Higher Power Hour*
FONTANA (O-P-CH)..... 7:00 pm
16557 Upland Ave. (St. Lukes) *Leaders Choice*
SAN BERNARDINO (O-P-H-3rd Sun Spkr-4th Sun 6:30 BD). 7:00 pm
939 N. D St. *Home Away from Home*
RIVERSIDE (O-NS-CH-P-Stick Topic-H)..... 7:00 pm
5770 Arlington Ave. *Seeking Our Serenity*

MONDAY

RIVERSIDE (O-P-H)..... 6:30 am
3891 Ridge Rd. *Morning Fix*
COLTON (O-P-S-H)..... 9:00 am
1076 S. Santo Antonio Dr. Ste. B *Morning Wake Up*
FONTANA (O-P-S-N/CH-H)..... Noon
16577 Upland Ave. *Noon NA Meeting*
COLTON (O-P-H)..... Noon
1076 S. Santo Antonio Dr. Ste. B *Noon Brown Baggers*
RIVERSIDE (O-P-H-CH)..... Noon
4070 Jackson St. (St. Michaels Church) *Cup of Hope*
MORENO VALLEY(NS-O-H-N/CH)..... 6:00 pm
12815 Heacock St. *MVIP Social*
RIVERSIDE (1hr. Book Study)..... 6:30 pm
3575 University Ave. *The Last Door*
RIVERSIDE (O-P-No Court Cards)..... 7:00 pm
4070 Jackson Ave. *Miracle of Recovery Women's Literature Group*
COLTON (O-CH)..... 7:00 pm
1076 S. Santo Antonio Dr. Ste. B *Keep Comming Back*
RIVERSIDE (O-P-N/CH-H)..... 7:30 pm
4785 Jackson Ave. *Monday Night Home Group*
MORENO VALLEY(O-P-SpinTopic)..... 7:30 pm
12660 Indian St. *Spin Not Spun*
CORONA (O-P-H)..... 7:30 pm
280 E. Ontario Ave. *Recovery is a Way of Life*
(Peace Lutheran Church)
FONTANA (Basic Text-O-P-CH)..... 7:30 pm
16557 Upland Ave. (St. Lukes) *Warriors Book Study*

TUESDAY

RIVERSIDE (O-P-H)..... 6:30 am
3891 Ridge Rd. *Morning Fix*
COLTON (O-P-S-H)..... 9:00 am
1076 S. Santo Antonio Dr. Ste. B *Morning Wake Up*
FONTANA (O-P-S-N/CH-H)..... Noon
16577 Upland Ave. *Noon NA Meeting*
COLTON (O-P-H)..... Noon
1076 S. Santo Antonio Dr. Ste. B *Noon Brown Baggers*

RIVERSIDE (O-P-H-CH)..... Noon
4070 Jackson St. (St. Michaels Church) *Cup of Hope*
FONTANA (O-P-Speaker 4th Tues)..... 6:00 pm
17046 Marigold Ave. (Kaiser CDRP) *Old School*
FONTANA (O-P-H-CH)..... 7:00 pm
16577 Upland Ave. *Tuesday Night Table Talk*
MORENO VALLEY (O-P)..... 7:00 pm
12660 Indian Ave. *Keep Comming Back*
RIVERSIDE (O-P-CH-H-Last Tues. Speaker)..... 7:00 pm
4495 Magnolia Ave. *Simple Choices*
RIVERSIDE (O-NS-N/CH)..... 7:30 pm
5770 Arlington Ave. *Just For Today*
(Wesley Methodist)
RIVERSIDE (O-P-N/CH-H-No Court Cards)..... 7:30 pm
4785 Jackson Ave. *Knuckleheads*
CORONA (O-P-S-TAG)..... 7:30 pm
280 E. Ontario Ave. *Recovery is a Way of Life*
(Peace Lutheran Church)

WEDNESDAY

RIVERSIDE (O-P-H)..... 6:30 am
3891 Ridge Rd. *Morning Fix*
RIVERSIDE (O-P-NC)..... 8:00 am
1777 Atlanta Ave. *From Chains to Change*
(Parole Office)
COLTON (O-P-S-H)..... 9:00 am
1076 S. Santo Antonio Dr. Ste. B *Morning Wake Up*
FONTANA (O-P-S-N/CH-H)..... Noon
16577 Upland Ave. *Noon NA Meeting*
COLTON (O-P-H)..... Noon
1076 S. Santo Antonio Dr. Ste. B *Noon Brown Baggers*
RIVERSIDE (O-P-H-CH)..... Noon
4070 Jackson St. (St. Michaels Church) *Cup of Hope*
SAN BERNARDINO (Book Study, O, CH, H)..... 5:00 pm
222 S. Rancho *Early Bird Bookstudy*
PERRIS/MEAD VALLEY (Book Study)..... 6:00 pm
19450 Clark St., Building B *NA Bookstudy*
RIVERSIDE (Book Study-Men Only-NS)..... 7:30 pm
5900 Brockton Ave. *Men In Recovery*
RIVERSIDE (O-LGBTQ)..... 7:30 pm
3504 Mission Inn Ave. *Friends of Dorthy*
(First Congregational Church)
FONTANA (O-P)..... 7:00 pm
16577 Upland Ave. (at Chantry) *God Shot*
RIVERSIDE (O-P-CH-YOUTH)..... 7:30 pm
5770 Arlington Ave. *The Basic Meeting, Youth Encouragement*

THURSDAY

RIVERSIDE (O-P-H)..... 6:30 am
3891 Ridge Rd. *Morning Fix*
COLTON (O-P-S-H)..... 9:00 am
1076 S. Santo Antonio Dr. Ste. B *Morning Wake Up*
FONTANA (O-P-S-N/CH-H)..... Noon
16577 Upland Ave. *Noon NA Meeting*
COLTON (O-P-H)..... Noon
1076 S. Santo Antonio Dr. Ste. B *Noon Brown Baggers*
RIVERSIDE (O-P-H-CH)..... Noon
4070 Jackson St. (St. Michaels Church) *Cup of Hope*
RIVERSIDE (O-P-S-CH-H)..... 5:30 pm
1815 Rustin Ave (Back of Building) *Mugs Not Drugs*

PERRIS (O-P-Book topic)..... 6:30 pm
375 E. Ramona Expressway *Clean Living*
(CRA Gameroom)
RIVERSIDE (O-P-S-H-N/CH)..... 6:30 pm
5860 Arlington Ave. *Just An Addict*
(Parking in dirt on East side of the bldg)
FONTANA (O-NS-P-CH- Speaker 1st & 3rd wks) 7:00 pm
16577 Upland Ave. *Meetings Meetings Meetings*
RIVERSIDE (C-NS-P-CH-Book Study, Speaker & Participation) 7:00 pm
3504 Mission Inn Ave. *Surgery of the Spirit*
(First Congregational Church)
MORENO VALLEY (Topic-Spkr 2nd Thur)..... 7:30 pm
12660 Indian St. *Clean & Serene At Last*
CORONA (O)..... 7:30 pm
1307 West 6th St. *Grow or Go*
PERRIS (O-NS-N/CH-H)..... 8:00 pm
24201 Orange Ave. *Experience, Strength & Hope*

FRIDAY

RIVERSIDE (O-P-H)..... 6:30 am
3891 Ridge Rd. *Morning Fix*
COLTON (O-P-S-H)..... 9:00 am
1076 S. Santo Antonio Dr. Ste. B *Morning Wake Up*
FONTANA (O-P-S-N/CH-H)..... Noon
16577 Upland Ave. *Noon NA Meeting*
COLTON (O-P-H-1st Fri Speaker)..... Noon
1076 S. Santo Antonio Dr. Ste. B *Noon Brown Baggers*
RIVERSIDE (O-P-H-CH)..... Noon
4070 Jackson St. (St. Michaels Church) *Cup of Hope*
FONTANA (O-NS)..... 7:00 pm
16577 Upland Ave. (St. Luke's) *Weekend Pass*
RIVERSIDE (O-P-NS)..... 7:30 pm
3504 Mission Inn Ave. *Finally Friday*
(First Congregational Church)
RIVERSIDE (CH-O-H-P)..... 7:30 pm
5770 Arlington Ave. *Kid Friendly Meeting of NA*
MORENO VALLEY (O-CH)..... 7:00 pm
21516 Dracea Ave. *Friday Night NA Meeting*
Corner of Dracea Ave. & Old Hwy 215
SAN BERNARDINO (O-P-NS-H)..... 8:00 pm
1354 N. G St. *Friday Night Live*
CORONA (O-P-Candlelight)..... 7:30 pm
510 W. Foothills Parkway *Friday Night Candlelight Friday Nite Lites*

SATURDAY

RIVERSIDE (O-P-H)..... 7:00 am
3891 Ridge Rd. *Morning Fix*
MORENO VALLEY (O-Book Study)..... 10:00 am
21516 Dracea Ave. *Jump Start*
Corner of Dracea Ave. & Old Hwy 215
SAN BERNARDINO (O-P)..... 11:00 am
1605 N. Sierra Way *RCSMP Meeting*
RIVERSIDE (P)..... Noon
Arlington Park, Van Buren Blvd. & Magnolia Ave. *Rugrats*
FONTANA (O-P-S-N/CH-H)..... 12:00 pm
16577 Upland Ave. *Noon NA Meeting*
RIVERSIDE (O-P-H-NS-CH)..... 2:00 pm
7620 Cypress Ave. (Alano Club) *Reality Check*
RIVERSIDE (O-CH)..... 3:00 pm
3504 Mission Inn Ave. *Tea Time Recovery*
(First Congregational Church)