How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N.A. name to any related facility or outside enterprise.
SUNDAY

FONTANA (O-P) .................................................. 7:00 am
16577 Upland Ave. Sunrise Attitude Adjustment
3891 Ridge Rd. Morning Fix
RIVERSIDE (O-P-H) ................................. 7:00 am
3504 Mission Inn Ave. Shakes to Cakes
MORENO VALLEY (O-S-H-P) .......................... 3:00 pm
21516 Dracea Ave. & Old Hwy 215
Awakenings
FONTANA (O-P-Topic-Ch) ............................ 5:00 pm
16557 Upland Ave. (St. Lukes) Carry the Message
NORCO (O-S-H) ........................................... 5:30 pm
1769 Western Ave. Rm 204 Higher Power Hour
FONTANA (O-P-Ch) ........................................ 7:00 pm
16557 Upland Ave. (St. Lukes) Leaders Choice
SAN BERNARDINO (O-P-H-3rd Sun Spkr) .... 7:00 pm
939 N. D St. Home Away from Home
RIVERSIDE (O-P-NS-Ch-P-Stick Topic-H) ....... 7:00 pm
5770 Arlington Ave. Seeking Our Serenity

MONDAY

RIVERSIDE (O-P-H) ................................. 6:30 am
3891 Ridge Rd. Morning Fix
COLTON (O-P-S-H) ........................................ 9:00 am
1076 S. Santo Antonio Dr. Ste. B Morning Wake Up
FONTANA (O-P-S-N/CH-H) ............................ Noon
16577 Upland Ave. Noon NA Meeting
COLTON (O-P-H) ........................................ Noon
1076 S. Santo Antonio Dr. Ste. B Noon Brown Baggers
RIVERSIDE (O-P-H-Ch) ................................ Noon
4070 Jackson St. (St. Michaels Church) Cup of Hope
RIVERSIDE (1hr, Book Study) ....................... 6:30 pm
3575 University Ave. The Last Do
RIVERSIDE (O-P-No Court Cards) ................. 7:00 pm
4070 Jackson Ave. Miracle of Recovery Women’s Literature Group
COLTON (O-Ch) ......................................... 7:00 pm
1076 S. Santo Antonio Dr. Ste. B Keep Comm Back
RIVERSIDE (O-P-S-N/CH-H) .......................... 7:30 pm
4785 Jackon Ave. Monday Night Home Group
MORENO VALLEY (O-P-SpinTopic) ................. 7:30 pm
12606 Indian St. Spin Not Spun
CORONA (O-P-H) ........................................ 7:30 pm
280 E. Ontario Ave. Recovery is a Way of Life (Peace Lutheran Church)
FONTANA (Basic Text-O-P-Ch) ..................... 7:30 pm
16557 Upland Ave. (St. Lukes) Warriors Book Study

TUESDAY

RIVERSIDE (O-P-H) ................................. 6:30 am
3891 Ridge Rd. Morning Fix
COLTON (O-P-S-H) ........................................ 9:00 am
1076 S. Santo Antonio Dr. Ste. B Morning Wake Up
FONTANA (O-P-S-N/CH-H) ............................ Noon
16557 Upland Ave. Noon NA Meeting
COLTON (O-P-H) ........................................ Noon
1076 S. Santo Antonio Dr. Ste. B Noon Brown Baggers
RIVERSIDE (O-P-H-Ch) ................................ Noon
4070 Jackson St. (St. Michaels Church) Cup of Hope
PERRIS (O-P-Book topic) .............................. 6:30 pm
375 E. Ramona Expressway (CRA Gameroom)

WEDNESDAY

RIVERSIDE (O-P-H) ........................................ 6:30 am
3891 Ridge Rd. Morning Fix
RIVERSIDE (O-P-No) ................................. 8:00 am
1777 Alta Ave. From Chains to Change
(Parole Office)
COLTON (O-P-S-H) ........................................ 9:00 am
1076 S. Santo Antonio Dr. Ste. B Morning Wake Up
FONTANA (O-P-S-N/CH-H) ............................ Noon
16577 Upland Ave. Noon NA Meeting
COLTON (O-P-H) ........................................ Noon
1076 S. Santo Antonio Dr. Ste. B Noon Brown Baggers
RIVERSIDE (O-P-H-Ch) ................................ Noon
4070 Jackson St. (St. Michaels Church) Cup of Hope
PERRIS/MEAD VALLEY (Book Study) .......... 6:00 pm
19450 Clark St., Building B NA Bookstudy
RIVERSIDE (Book Study-Man Only-NS) ............ 7:30 pm
5000 Brockton Ave. Men In Recovery
RIVERSIDE (O-LGBTQ) .............................. 7:30 pm
3504 Mission Inn Ave. Friends of Dorthy
FONTANA (O-P-H) ........................................ 7:00 pm
16577 Upland Ave. (at Chantry) God Shot
RIVERSIDE (O-P-Ch-Youth) ......................... 7:30 pm
5770 Arlington Ave. The Basic Meeting, Youth Encouragement

THURSDAY

RIVERSIDE (O-P-H) ........................................ 6:30 am
3891 Ridge Rd. Morning Fix
COLTON (O-P-S-H) ........................................ 9:00 am
1076 S. Santo Antonio Dr. Ste. B Morning Wake Up
FONTANA (O-P-S-N/CH-H) ............................ Noon
16577 Upland Ave. Noon NA Meeting
COLTON (O-P-H) ........................................ Noon
1076 S. Santo Antonio Dr. Ste. B Noon Brown Baggers
RIVERSIDE (O-P-H-Ch) ................................ Noon
4070 Jackson St. (St. Michaels Church) Cup of Hope
RIVERSIDE (O-P-S-Ch-H) ............................. 5:30 pm
1815 Rustin Ave. Mugs Not Drugs
PERRIS (O-P-Book topic) .............................. 6:30 pm
375 E. Ramona Expressway (CRA Gameroom)

FRIDAY

RIVERSIDE (O-P-H) ........................................ 6:30 am
3891 Ridge Rd. Morning Fix
COLTON (O-P-S-H) ........................................ 9:00 am
1076 S. Santo Antonio Dr. Ste. B Morning Wake Up
FONTANA (O-P-S-N/CH-H) ............................ Noon
16577 Upland Ave. Noon NA Meeting
COLTON (O-P-H-1st Fri Speaker) ................. Noon
1076 S. Santo Antonio Dr. Ste. B Noon Brown Baggers
RIVERSIDE (O-P-Ch) ................................. 7:00 pm
4070 Jackson St. (St. Michaels Church) Cup of Hope
FONTANA (O-Ns) ........................................ 7:00 pm
16577 Upland Ave. (St. Luke’s) Weekend Pass
RIVERSIDE (O-P-Ns) ................................. 7:30 pm
3504 Mission Inn Ave. Friday Night Live
RIVERSIDE (O-P-H) ........................................ 7:30 pm
5770 Arlington Ave. Kid Friendly Meeting of NA
MORENO VALLEY (O-Ch) ......................... 7:00 pm
21516 Dracea Ave. Friday Night NA Meeting
Corner of Dracea Ave. & Old Hwy 215
SAN BERNARDINO (O-P-N-S-H) ................. 8:00 pm
1354 N. G St. Friday Night Live
CORONA (O-P-Candlelight) ......................... 7:30 pm
510 W. Foothills Parkway Friday Night Candlelight
RIVERSIDE (P) .............................................. 10:00 pm
1815 Rustin Ave. Friday Nite Lites

SATURDAY

RIVERSIDE (O-P-H) ........................................ 7:00 am
3891 Ridge Rd. Morning Fix
MORENO VALLEY (O-Book Study) ................. 10:00 am
21516 Dracea Ave. Jump Start
Corner of Dracea Ave. & Old Hwy 215
SAN BERNARDINO (O-P) ................................ 11:00 am
1605 N. Sierra Way RCSMP Meeting
RIVERSIDE (P) .............................................. Noon
Arlington Park, Van Buren Blvd. & Magnolia Ave. Rugrats
FONTANA (O-P-S-N/CH-H) ......................... 12:00 pm
16577 Upland Ave. Noon NA Meeting
RIVERSIDE (O-P-H-Ns-Ch-H) ....................... 2:00 pm
3504 Mission Inn Ave. Reality Check
RIVERSIDE (O-Ch) ........................................ 3:00 pm
7620 Cypress Ave. (Alano Club)
RIVERSIDE (O-P-H-Ch) .............................. 6:30 pm
4495 Magnolia Avenue Hope Not Dope