

NA Phone Meeting Schedule – NAbyPhone.com

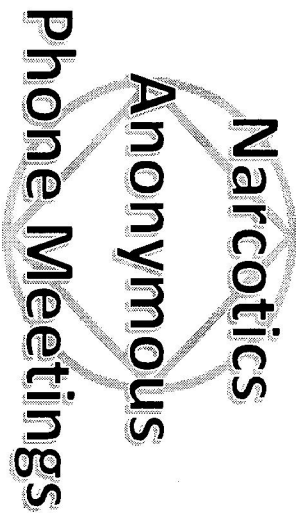
Eastern	Central	Mountain	Pacific	Group	Length	Number	Access	Playback 24/7
Monday - Friday Mornings								
7:30a	6:30a	5:30a	4:30a	What A Way To Start A Day	1.0 Hr.	712.432.0075	299757#	712.432.1085
8:40a	7:40a	6:40	5:40a	Spirit Of Gratitude	1.0 Hr.	641.715.3655	848885#	641.715.3658
8:40a	7:40a	6:40	5:40a	Our Gratitude Speaks	1.0 Hr.	641.715.3610	890926#	641.715.3609
9:00a	8:00a	7:00a	6:00a	Freedom From Insanity	1.0 Hr.	712.770.4005	632506#	712.770.5009
10:30a	9:30a	8:30a	7:30a	One Primary Purpose	1.5 Hr.	712.432.0075	571968#	712.432.1085
Monday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
7:00p	6:00p	5:00p	4:00p	Recovery Continues	1.5 Hr.	641.715.3605	343267#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
8:30p	7:30p	6:30p	5:30p	Historical Significance	1.5 Hr.	712.770.4160	108786#	
Tuesday								
1:00p	12:00n	11:00a	10:00a	We Return Home	1.5 Hr.	415.464.6800	2221085#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed	1.0 Hr.	712.770.4160	942839#	
7:00p	6:00p	5:00p	4:00p	Recovery On The Go	1.5 Hr.	712.775.7031	907811#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
9:00p	8:00p	7:00p	6:00p	Tuesday Night Meeting Of NA	1.0 Hr.	641.715.3580	126078#	
11:00p	10:00p	9:00p	8:00p	TLC-Tuesday Living Clean	1.5 Hr.	712.770.5000	809366#	
Wednesday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed	1.0 Hr.	712.770.4160	942839#	
8:00p	7:00p	6:00p	5:00p	Loving Our Long-Timers	1.5 Hr.	712.770.4160	108786#	712.770.4169
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
10:30p	9:30p	8:30p	7:30p	Recovery Continues	1.5 Hr.	641.715.3605	343267#	
Thursday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
5:00p	4:00p	3:00p	2:00p	More Will Be Revealed	1.0 Hr.	712.770.4160	942839#	712.770.4169
7:00p	6:00p	5:00p	4:00p	Serenity On Thursday	1.5 Hr.	774.220.4000	31831#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
10:00p	9:00p	8:00p	7:00p	No Matter What	1.5 Hr.	712.775.7465	181551#	
12:00m	11:00p	10:00p	9:00p	Recovery 911	1.5 Hr.	641.715.3605	845687#	641.715.3598
Friday								
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	774.220.4000	6213845#	
5:30p	4:30p	3:30p	2:30p	Friday Night Special	1.5 Hr.	712.775.7465	181551#	723.775.7474
7:00p	6:00p	5:00p	4:00p	Recovery On The Go	1.5 Hr.	712.775.7031	907811#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
10:00p	9:00p	8:00p	7:00p	No Matter What	1.5 Hr.	712.775.7465	181551#	
Saturday								
8:40a	7:40a	6:40	5:40a	Spirit Of Gratitude	1.5 Hr.	641.715.3655	848885#	641.715.3658
8:40a	7:40a	6:40	5:40a	Our Gratitude Speaks	1.0 Hr.	641.715.3610	890926#	641.715.3609
10:30a	9:30a	8:30a	7:30a	One Primary Purpose	1.5 Hr.	712.432.0075	571968#	712.432.1085
12:00n	11:00a	10:00a	9:00a	Recovery At Noon	1.5 Hr.	267.507.0420	6213845#	
3:00p	2:00p	1:00p	12:00n	Illness In Recovery	1.5 Hr.	641.715.3660	474793#	
5:00p	4:00p	3:00p	2:00p	Stepping Up In Recovery	1.5 Hr.	712.770.4160	182862#	
8:00p	7:00p	6:00p	5:00p	Recovery Continues	1.5 Hr.	641.715.3605	343267#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
10:00p	9:00p	8:00p	7:00p	No Matter What	1.5 Hr.	712.775.7465	181551#	
12:00m	11:00p	10:00p	9:00p	Recovery 911	1.5 Hr.	641.715.3605	845687#	641.715.3598

NA Phone Meeting Schedule – NAbbyPhone.com

Eastern	Central	Mountain	Pacific	Group	Length	Number	Access	Playback 24/7
Sunday								
8:40a	7:40a	6:40	5:40a	Spirit Of Gratitude	1.5 Hr.	641.715.3655	848885#	641.715.3658
8:40a	7:40a	6:40	5:40a	Our Gratitude Speaks	1.0 Hr.	641.715.3610	890926#	641.715.3609
11:00a	10:00a	9:00a	8:00a	Recovery Continues	1.5 Hr.	641.715.3605	343267#	
2:00p	1:00p	12:00n	11:00a	One Primary Purpose	1.5 Hr.	712.432.0075	571968#	712.432.1085
3:30p	2:30p	1:30p	12:30	Activity Committee	1.5 Hr.	712.775.7035	554778#	712.775.7039
5:00p	4:00p	3:00p	2:00p	We Return Home	1.5 Hr.	415.464.6800	2221085#	
7:00p	6:00p	5:00p	4:00p	Recovery On The Go	1.5 Hr.	712.775.7031	907811#	
7:00p	6:00p	5:00p	4:00p	90n90	1.0 Hr.	712.770.8000	433900#	
8:00p	7:00p	6:00p	5:00p	The Bridge	1.0 Hr.	712.832.8320	387870#	
10:00p	9:00p	8:00p	7:00p	We Do Recover	1.5 Hr.	712.770.5000	809366#	

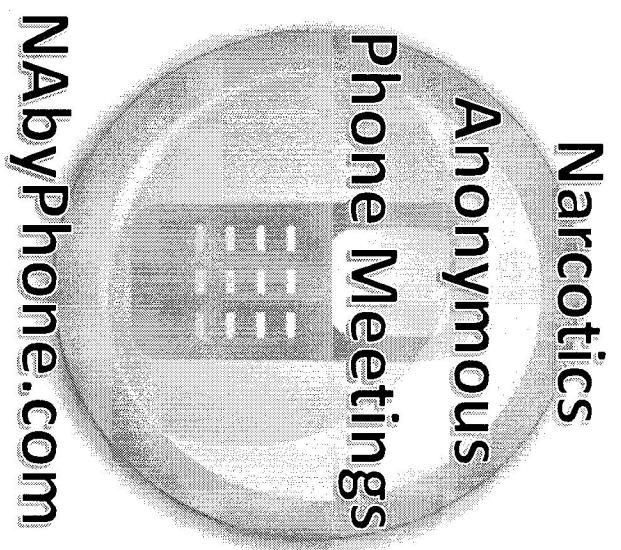
How Teleconference Phone Meetings Works:

These are considered long distance calls to landlines. Check with your service provider so you don't get excessive charges. Dial phone number, when prompted, enter access code and the pound (#) symbol. You are now in the meeting. Pressing * and then 6 (*6) will mute and unmute your phone. It is best to stay muted except to share or read. When you are muted you can hear everything but we can't hear you. The Chairperson will give you any further instructions.



NAbbyPhone.com and Loving Our Long-Timers are loving service endeavors by the Historical Significance home group. If you choose to help us, you can make a 7th Tradition donation to Historical Significance using PayPal on our web site.

For more info about NA Phone Meetings, to download speakers plus the Loving Our Long-Timers 30+ year leads and other great recovery info, visit our web site **NAbbyPhone.com**. We welcome any NA web site to link with **NAbbyPhone.com** to include up-to-date teleconference meeting info for your local Fellowship.



Originally started in 2008 as Outreach to carry NA meetings to a hospitalized member in FL, teleconference meetings have grown to meet the needs of many members. The diversity of our phone line membership includes home-bound and hospitalized members including older members who can no longer get out, professional drivers, geographically challenged members, parents staying home with children, victims of bad storms who come until the weather clears, rural members who are seeking more anonymity for gut-level sharing and those who are simply seeking multiple flavors of recovery. Teleconference NA meetings are not meant to replace face-to-face meetings, but can be an excellent supplement. Support your local NA, share some hugs!