

How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

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Who Is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

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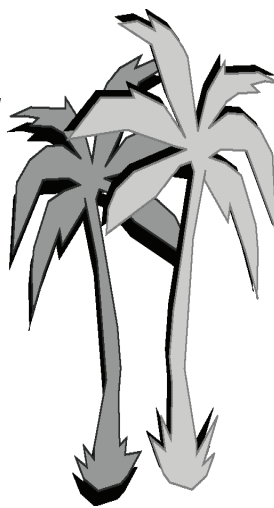
Narcotics Anonymous®



WE CARE!

MEETING DIRECTORY

EASTERN INLAND EMPIRE August 2016



Meeting Codes:

- (C) Closed; for addicts only
- (O) Open; all are welcome
- (S) Smoking
- (NS) No Smoking
- (H) Handicapped accessible
- (P) Participation
- (CH) Children Welcome

24-HOUR HELPLINE

(800) 397-2333

(909) 370-3568

Visit the Eastern Inland Empire Web Site at:

www.eietodayna.org

www.todayna.org

SUNDAY

FONTANA (O-P).....	7:00 A.M.
16577 Upland Ave. "Sunrise Attitude Adjustment"	
RIVERSIDE (O-P-H).....	7:00 A.M.
3891 Ridge Rd., 92501 "Morning Fix"	
FONTANA (BBQ 1st Sunday)	2:00 P.M.
Seville Park, "2:00 Recovery"	
RIVERSIDE (O-P-Kid Friendly)	2:00 P.M.
3504 Mission Inn Ave., "Shakes to Cakes"	
MORENO VALLEY (O-S-H-P)	3:00 P.M.
21516 Dracea & Old Hwy 215, "Awakenings"	
FONTANA (O-P-TOPIC-Kid Friendly)	5:00 P.M.
16557 Upland Ave. (St. Lukes), "Carry the Message"	
NORCO (O-S-CH-HC).....	5:30 P.M.
1769 Western Avenue, Room 108 "Higher Power Hour"	
FONTANA (O-P-CH)	7:00 P.M.
16557 Upland Ave. (St. Lukes), "Leaders Choice"	
SAN BERNARDINO (O,P,H, 3rd Sunday Spkr.)	7:00 P.M.
939 N. D St. "Home Away from Home"	
RIVERSIDE (C-NS-No Children-P-Women).....	5:00 P.M.
5770 Arlington Ave, "In Times of Illness" 1st Sunday each Month	
RIVERSIDE (C-NS-CH-P-H)	7:00 P.M.
5770 Arlington Ave, "Seeking Our Serenity"	

MONDAY

RIVERSIDE (O-P-H).....	6:30 A.M.
3891 Ridge Rd., 92501 "Morning Fix"	
COLTON (O-P-S-H)	9:00 A.M.
1076 S. Santo Antonio Ste B, "Morning Wake Up"	
FONTANA (O-P-S-N/CH-H)	NOON
16577 Upland Ave., "Noon NA Meeting"	
COLTON (O-P-H)	NOON
1076 S. Santo Antonio Ste. B, "Noon Brown Baggers"	
RIVERSIDE (O-P-H-CH)	NOON
4070 Jackson St., St. Michaels Church, "Cup of Hope"	
FONTANA (???????).....	5:30 P.M.
16557 Upland Ave. (St. Lukes), "Women With Gratitude"	
RIVERSIDE (1HR, BOOK STUDY).....	6:30 P.M.
3575 University, "The Last Door"	
COLTON (O-P-S-CH)	7:00 P.M.
1106 La Cadena, "Keep Coming Back"	
RIVERSIDE (O-P-S-CH-Speaker 3rd Monday).....	7:00 P.M.
at the "Plum House"3882 12th St. "Road to Recovery"	
MORENO VALLEY (O-P-BKST)	7:30 P.M.
12660 Indian St. "Get A Grip"	
CORONA (O-P-H-Speaker 1st Monday).....	7:30 P.M.
280 E. Ontario Ave. (Peace Lutheran) "Recovery is a Way of Life"	
FONTANA (O-P-H-Child Friendly)	7:30 P.M.
9260 Mango, "Freedom To Change"	

TUESDAY

RIVERSIDE (O-P-H).....	6:30 A.M.
3891 Ridge Rd., 92501 "Morning Fix"	
COLTON (O-P-S-H)	9:00 A.M.
1076 S. Santo Antonio Ste B, "Morning Wake Up"	
FONTANA (O-P-S-N/CH-H)	NOON
16577 Upland Ave., "Noon NA Meeting"	
COLTON (O-P-H)	NOON
1076 S. Santo Antonio Ste. B, "Noon Brown Baggers"	
RIVERSIDE (O-P-H-CH)	NOON
4070 Jackson St., St. Michaels Church, "Cup of Hope"	
FONTANA (O-P-Speaker 4th Tuesday)	6:00 P.M.
17046 Marigold Ave. Kaiser CDRP, "Old School"	
FONTANA (O-P).....	7:00 P.M.
16577 Upland, "Recovery Happens Here"	
MORENO VALLEY (O-P).....	7:00 P.M.
12660 Indian Ave. "Keep Comming Back"	
RIVERSIDE (O-P-CH-H)	7:00 P.M.
4495 Magnolia Ave., "Simple Choices"	
RIVERSIDE (O-NS-NO CHILDREN).....	7:30 P.M.
5770 Arlington Ave. (Wesley Methodist), "Just For Today"	
CORONA (O-P-S-TAG).....	7:30 P.M.
280 E. Ontario Ave. (Peace Lutheran) "New Beginnings"	

WEDNESDAY

RIVERSIDE (O-P-H).....	6:30 A.M.
3891 Ridge Rd., 92501 "Morning Fix"	
RIVERSIDE (O-P-NO CHILDREN)	8:00 A.M.
1777 Atlanta Ave. (Parole Office), "From Chains to Change"	
COLTON (O-P-S-H)	9:00 A.M.
1076 S. Santo Antonio Ste B, "Morning Wake Up"	
FONTANA (O-P-S-N/CH-H)	NOON
16577 Upland Ave., "Noon NA Meeting"	
COLTON (O-P-H)	NOON
1076 S. Santo Antonio Ste. B, "Noon Brown Baggers"	
RIVERSIDE (O-P-H-CH)	NOON
4070 Jackson St., St. Michaels Church, "Cup of Hope"	
PERRIS/MEAD VALLEY (BOOK STUDY).....	6:00 P.M.
19450 Clark, Building B "NA Bookstudy"	
RIVERSIDE (BK STUDY-MEN-NS).....	7:30 P.M.
5900 Brockton Ave., "Men In Recovery"	
RIVERSIDE (O-LGBT).....	7:30 P.M.
3504 Mission Inn Ave. "Friends of Dorthy"	
(First Congregational Church)	
FONTANA (O-P)	7:00 P.M.
16577 Upland (at Chantry) "God Shot"	
RIVERSIDE (O-P-CH-YOUTH)	7:30 P.M.
5770 Arlington Ave., "The Basic Meeting, Youth Encouragement"	

THURSDAY

RIVERSIDE (O-P-H).....	6:30 A.M.
3891 Ridge Rd., 92501 "Morning Fix"	
COLTON (O-P-S-H)	9:00 A.M.
1076 S. Santo Antonio Ste. B, "Morning Wake Up"	

A listing in this directory is not meant to imply endorsement or approval of the group's practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. Narcotics Anonymous does not endorse, finance, or lend the N.A. name to any related facility or outside enterprise.

